

Special report:

How an ordinary lady uses the power of her subconscious mind.

Dear reader,

If you have been reading self improvement books, you should have some idea of the power of your subconscious mind.

My question to you is: Are you using it?

This report is a conversation with a simple-minded pretty lady who uses the power of her subconscious mind in attaining her desires.

The power of your subconscious mind is not magic or some kind of hocus pocus. It's real and anyone can use it.

I hope this report will inspire you and give you some realistic idea of how your subconscious mind can help you.

If you wish to learn more about your subconscious mind power, please visit www.subconscious-secrets.com.

Success forever,
Kenneth Koh
Subconscious-secrets.com

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your love ones,
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A Short Message From The Ordinary Lady

I am so glad that Kenneth gives me this opportunity to share my experiences. Yes, I've benefited a lot from the power of the subconscious mind.

Here, I want to say THANK YOU to Kenneth from my deepest heart. It is you who introduce me about the subconscious mind. I still remember vividly the many evenings we sit together, and you taught me patiently about how the subconscious mind works, how to program, etc.

I wish to tell all the readers, if you have no idea about the subconscious mind, or you do not very believe it, please keep your mind open, because there are many things you may not know, but that does not mean they do not exist. Kenneth is so kind that he has written out many simple but useful articles at his website. Please read them with an open mind.

If you already understand how the subconscious mind works, please use it. Only applied knowledge is power. The more you use, the more success stories will you get, and the more beliefs will you have. Well, you may say that my stories are all about small things, but they strengthen my beliefs and pave the way to my life goals.

Everyday, in every way I feel better and better.

Cheers
LinLin

Kenneth: Can you please tell us what you have achieved recently with the power of your subconscious mind?

Lin: Sure. Two things. First achievement is that my boyfriend finally comes back to Singapore to work and I can see him everyday. Another achievement is that I used the power of my subconscious to get a tenant for my spare room.

Kenneth: That's great. Let's start with the first incident. What happened?

Lin: My boyfriend has been working in UK for the past few years whereas I'm working in Singapore. So I programmed my subconscious mind that we are together.

Kenneth: So what happened?

Lin: It's amazing. Recently, my boyfriend came back to Singapore for a business trip. When he was in Singapore, he went for an interview at a local bank. After the interview, he went back to UK.

A few days later, the bank called and asked him for a second interview. He took leave and flew back to Singapore for the second interview, and then the third interview. To cut the story short, he was accepted by the bank.

Now, he is back to Singapore and I can see him everyday. I'm so happy.

Kenneth: I can see you are really happy. So tell me what you did to program your subconscious.

Lin: I used a subconscious tape. I listened to it every night and sometimes daytime, but I kept the volume very low. I just said "Hui & Lin will be together happily forever."

Side note

For those who do not know what a subconscious tape is, it is a form of autosuggestion. What you do is you record your affirmation and goals in a recorder and listen to it over and over again. The best time to listen to the recording is when you are in alpha. To do that, you can play a soothing music in the background while recording the affirmations. When you record the affirmation, say it slowly and gently.

Kenneth: Did you set any dateline in this case?

Lin: I did not set any dateline, because in this case, the date did not mean too much for me. I don't think I will give up just because of a date. Time is not a key factor for me to finish a relationship. I did not set any location as well, I do not mind either.

Kenneth: How often did you do the programming?

Lin: Almost every night.

Kenneth: From the time you start programming your subconscious to the time when your boyfriend get his first interview, how long did it take?

Lin: About 7 months.

Kenneth: What else did you do besides programming your subconscious?

Lin: We chatted over the phone at least 1hr everyday. I helped him to send resumes. I also

tried my way to go to UK because I did not omit the possibility that I may join him in UK. He is career-orientated, where the opportunity is, where he will be. I never forced him. Both of us seldom think about what will happen if we break up.

Side notes

Never limit the possibilities when you program your subconscious. Be specific in what you want, but be flexible in how you achieve the result.

In this case, Lin's goal was to be together with her boyfriend. She did not restrict how it happened. It could be him working in Singapore or her going to UK.

The next thing she did was she took action. She tried to join her boyfriend in UK and at the same time, help him to find jobs in Singapore. As I've always been saying, your subconscious can move opportunities towards you, but you have to take action to move yourself towards the opportunities and grab it.

Kenneth: Thanks for sharing your first incident. Now can you tell us about the second one?

Lin: Sure. What happen was I rented a room to a professor who came from China. His student viewed the room and made the payment for him. But on the 3rd day after he came, he told me that he had decided to move out in two weeks time. So I had to rent the room out in two weeks time. I remembered it was 25th Oct and he will move out on 6th Nov.

So whenever I went into Alpha, I repeated to myself that "I can rent the room out by this weekend" (which was 31 Oct).

Nothing happened during this period. But on the day of my dateline, 31st Oct, close to 11pm, I received a call from a girl. She was looking for a room for her friend who came to Singapore for two weeks. I described my room to her over the phone and to my surprise, we made the deal then.

I was amazed by the power of the subconscious. The only problem was I forgot to program how long my tenant was going to stay. In this case, I did get a tenant by that weekend, but she was only going to stay for two weeks.

I told myself that I must be more precise next time.

So in my next programming, I said “a girl will move in on 19 Nov, and she will stay here as long as we stay here.”

This time, a few people came to view the room. Some decided to rent, but all gave up for some reasons. On the 14th Nov, a girl came to view the room and decided to move in on the 20th Nov. She also signed a half year rental agreement with me, which is also the time when my rental agreement expires.

Kenneth: So far you've only mentioned about using affirmation. Do you do any visualization in your programming exercise?

Lin: I didn't know how to visualize until after learning the Silva Mind Control. I visualize for the second rental. I visualized a girl carrying her luggage, entering my house. But I did not check whether my visualization was correct or not, because I was on duty that Saturday. For the first rental, I did not visualize.

Side notes

If you are interested in learning how to go into the alpha state of your mind and program your subconscious mind, you can go to www.subconscious-secrets.com/silva for FREE audio and ebook training.

I paid close to a thousand dollar for these information, and it's now available FREE on the net. Don't miss this chance!

Kenneth: How often did you do the programming this time?

Lin: About 3 times a day, but sometimes I forgot, especially weekend.

Kenneth: What else did you do besides programming?

Lin: I updated my advertisement everyday. I also wrote to those who were looking for a room. These are all done through the internet.

Every time after I programmed, I told myself that I've programmed. The only thing I need to do is to take action.

Kenneth: Lin, your last sentence sounds so familiar to me. This is what I do also whenever I program for anything.

Side note

By saying

“My goal is now programmed into my subconscious. The only thing I need to do is to take action.”

you are telling your subconscious that “I trust you” and you demonstrate your trust by taking action confidently.

Subconscious likes those who trust it wholeheartedly.

Many people fail to achieve goals that they have programmed because they fail to take action, or they take actions with fears, worries and doubts.

All you have to do is to program, let go and JUST DO IT. Yet many people often think too much. This message is not just for you. It's also for my subconscious. ;-)

Kenneth: Few more questions before we end this session.

What do you think are the 3 most important things in programming your subconscious mind successfully?

Lin: Belief, Action, Persistency.

Belief is the most important factor. I think this is why my programming for my boyfriend's return was successful.

After I understand how energy works, I do not give any negative energy. It sets me free from worries. I simply program and then take actions. I seldom worry about the results.

Kenneth: Currently are you programming for any other things?

Lin: Recently I started to do one project about my skin problem.

My affirmation is something like this, but in Chinese, "Every time I drink water, the clear water flows all over my body and flush out the toxin in my body, especially my skin area."

Now, every time I drink water, I'll close my eyes

and visualize how the water clears my skin (just like the way many cosmetic TV ads show).

It so happened, a few days after I started doing this affirmation, that my lunch buddy introduced me a doctor who is good at acne treatment.

I believe, next time when we meet, my skin condition will be much better.

Kenneth: That's great! I'm looking forward to that day.

Since you are successful in programming your subconscious, have you programmed for other bigger things?

Lin: I used to program for things related to wealth and success but they didn't really work out.

I think it's about *Desire*. Frankly, I didn't really want them bad enough.

For the case of my boyfriend, it was really something that I really wanted. For the case of room rental, it was also very crucial. If I failed to rent my room out, I'll have to pay for the extra rent myself.

Side note

Indeed, the first step in programming the subconscious mind is knowing what you really want. The 'want' must be so bad that it turns into a strong desire and it is this strong desire that sets everything into motion.

Kenneth: Thanks for sharing all these with us. I've benefited a great deal from this conversation and I certainly hope that the readers will benefited from it too.

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